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PATIENT NAME: _____ DATE: _____

MEDICAL HISTORY: (please list any illnesses, injuries or other problems you have seen a doctor about)

SURGERIES: (please list any past surgeries you have had done - when and where)

HOSPITALIZATIONS: (please list any overnight hospital stays - excluding normal pregnancies)

OB/GYN HISTORY: (females)

Age of 1st Menstrual Cycle: _____ Age of Menopause: _____ Number of Pregnancies: _____

Full-term Births: _____ Pre-term Births: _____ Miscarriages: _____ Living Children: _____

Type of Delivery: _____ Pregnancy Complications: _____

FAMILY HISTORY:

AGE IF LIVING	HEALTH PROBLEMS	AGE & CAUSE OF DEATH
FATHER: _____		
MOTHER: _____		
SISTER(S): _____		
BROTHER(S): _____		
CHILDREN: _____		

PREVENTION: (when was your last)

Tetanus Shot: _____

Pneumonia Shot: _____

Pap Smear: _____

Mammogram: _____

Cholesterol Check: _____

Allergies to Past Medications:

What Happened:

HABITS AND ACTIVITIES:

Do You Drink Alcohol: _____ If yes, how much and how often: _____

Do You Smoke or Use Tobacco: _____ If yes, how much and how long: _____

Are Currently Exercising: _____ If yes, type and frequency: _____

Hobbies and Leisure Activities: _____

MEDICAL ILLNESSES: (please mark all that apply)

YOU	FAMILY	ILLNESS	YOU	FAMILY	ILLNESS
___	___	DIABETES	___	___	THYROID DISEASE
___	___	HIGH BLOOD PRESSURE	___	___	GALLBLADDER
___	___	HEART DISEASE	___	___	LIVER DISEASE
___	___	STROKE	___	___	ULCER
___	___	BLOOD CLOTS	___	___	ANEMIA OR BLEEDING
___	___	CANCER	___	___	MIGRAINE HEADACHES
___	___	ASTHMA OR ALLERGIES	___	___	ARTHRITIS
___	___	PNEUMONIA OR TB	___	___	OSTEOPOROSIS
___	___	KIDNEY PROBLEMS	___	___	BONE FRACTURE
___	___	DEPRESSION OR ANXIETY	___	___	SEXUALLY TRANSMITTED DISEASE